

IN THE CLAIMS:

Please amend the Claims 7 and 19 to read as follows:

7. (Four times amended) A method for irreversibly binding a plurality of sheets together, comprising:

(i) superimposing a sheet having an adhesive strip comprising an adhesive element selected from the group consisting of a glue and a two-sided tape, wherein the tape is adhesive on both surfaces, along at least one of its edges, and a silicone material band, releasably placed on said glue or adhesive tape strip and having at least a portion not coupled to said glue or adhesive tape strip, such that the uncoupled portion may be used to grasp the silicone band during its removal over a second sheet;

(ii) grasping the uncoupled portion of the silicone band; and

(iii) pulling the uncoupled portion of the silicone band while said first and second sheets are superimposed so as to uncover the glue or adhesive tape strip and thereby irreversibly bind the two sheets together.

19. (Twice Amended) A method for irreversibly binding sheets together, comprising:

(i) superimposing a plurality of sheets, each having an adhesive strip along at least one of its edges and a silicone material band, releasably placed on said adhesive strip and having a portion uncoupled to the adhesive strip and extending beyond the sheet, such that the adhesive strips of successive sheets are superimposed;

(ii) grasping the uncoupled portion of the silicone bands extending from the successive sheets; and

(iii) pulling the uncoupled portion of the silicone bands while said plurality of sheets are superimposed so as to remove the silicone bands and uncover the adhesive strips,
thereby irreversibly binding successive sheets together.